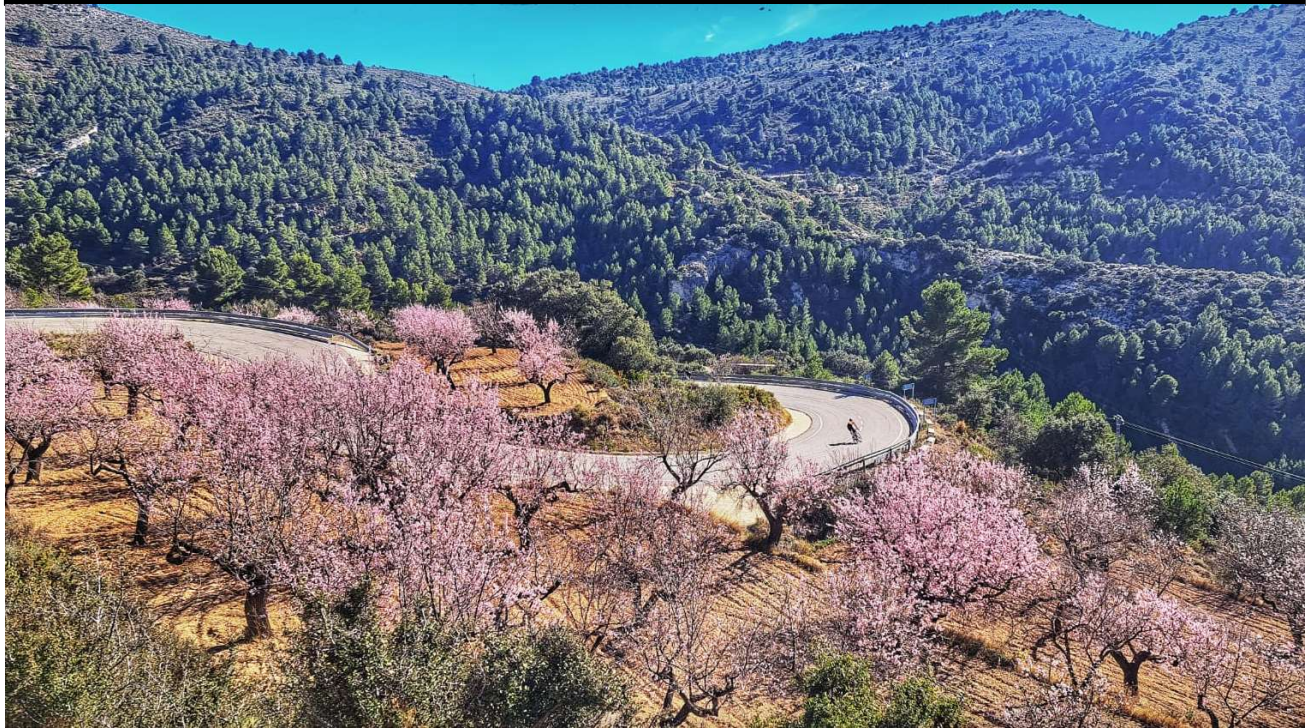


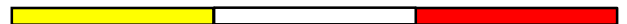
# CALPE & COSTA BLANCA

6 night option (Spain, May & Oct 2025)



# SIERRA

SPORTS & TOURS



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## CALPE & COSTA BLANCA



### **CALPE: cycle in the wheelpath of modern day champions!**

This **Calpe road bike tour** follows some of the best cycling routes on the Costa Blanca. The Costa Blanca in southeast Spain enjoys an exceptional climate with 325 days of sunshine per year making it the perfect place for a cycling getaway. The climate, the variety of local mountains and quality asphalt roads means recreational and professional cyclists alike choose this area for extended training blocks. This Spanish region is actually one of the most 'vertically challenged' in the country. No wonder why the Spanish professional grand tour, La Vuelta a España, ventures into this territory to conquer 6 of its mighty passes; Alto de Aitana, Xorret del Cati, Coll de Rates, La Carrasqueta, Port de Tudons and Cumbre del Sol.

We look forward to showcasing the Costa Blanca for your next Spanish cycling holiday. Calpe & Costa Blanca will suit road cycling enthusiasts who are looking for two coastal bases while taking on the mid-mountain climbs that rise off the Alicante coastline. This 6 night guided tour starts and finishes in Valencia, where the famed Spanish paella dish was born. A popular tourist destination has now become home to amateur and professional cyclists alike. During 2025, Sierra Sports & Tours has two guided road bike departures for you to choose from; **11-17 May 2025** and **14-20 October 2025!**

## TOUR HIGHLIGHTS

- Calpe the pre-season home to many pro cyclists
- Follow the wheelpath of 'Vuelta a España' and 'Volta Valenciana' pro races
- Quiet interior roads just kilometres inland from the Calpe and Altea townships
- Cycle the Alicante coastline, including two coastal bases with 3-night stays
- Taste test a classic paella from the region where this famous dish was born
- Classic Vuelta climbs including 'Port de Tudons' and 'Coll de Rates'



## ITINERARY

### DAY ONE – 11 May or 14 Oct 2025 – Valencia collect

We will be available to collect you mid-morning from Valencia Airport. From here there will be a 1hr 15min transfer south to Calpe in the Alicante province. Calpe is one of those coastal towns that cyclists from all over the world love. Many pro cycling teams train every year in Calpe and it is not uncommon to see some of the world's best out on the same roads as you. They will probably speed up and cruise by without even raising a sweat.

After getting you set-up in our central hotel for the next 3 nights and a light lunch, the cycling will begin! Naturally we propose a warm-up route which includes a 'puerto' (col in French / pass in Italy). The 'Cumbre del Sol' is part of the selection of Alicante cycling climbs and its double-digit ramps will shake out any cobwebs. It is a 4km burst which takes you from sea level to 400m elevation in around 25 minutes.

**Today's Ride:** 45km / 700m elevation gain

**Meals:** Lunch & Dinner with beer & wine included

**Accommodation:** Calpe (Costa Blanca, Spain) – 4 star hotel

### DAY TWO – 12 May or 15 Oct 2025 – Double trouble on Coll de Rates!

Coll de Rates is without doubt one of the most popular cycling climbs amongst the professional peloton. Only a short warm-up ride out of Calpe and you too will find yourself at the base of this emblematic 'puerto'. While it is not an overly difficult climb it gains its prestige from its numerous switchbacks, excellent asphalt condition and its gradual build-up which allows for an all-out finish! The 6km climb averages 6% and the fastest of the fast record 15 minutes. Looking for a challenge against the pro's then today will be your day?

Keeping the wheels rolling and the 'Sa Creueta' climb from Tarbena will now be attacked. Another lovely climb away from the traffic which measures 7.6km and 3.4% average grade. It is a longer 120km ride today but these short gradual climbs with frequent descents will make for an excellent day on the bikes!

**Today's Ride:** 120km / 1900m elevation gain

**Meals:** Breakfast included

**Accommodation:** Calpe (Costa Blanca, Spain) – 4 star hotel

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CALPE & COSTA BLANCA MAY & OCTOBER 2025



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## DAY THREE –13 May or 16 Oct 2025 – Cycling in the Vall d'Ebo

To continue this magnificent series of training climbs, we would like to introduce you to "Vall d'Ebo". This climb is a jewel of the Alicante region, as its 8km provide a dynamic and pleasant route. After an initial 35km ride from the hotel, the climb begins. Starting among the trees, the climb opens up near the top, where the views of the coast become your great reward. A series of wide winding curves will see you gain 500m of elevation.

After a 3km descent, we would like to welcome you to "Alto de Tarrenyes". Another short climb (4km with an average gradient of 5%) that will by now start to feel like a false flat. We like to call today our 'Calpe Lollipop route', as the first and last 20km follow the same road in and out of town. Take your time to enjoy Calpe this afternoon, as tomorrow will see us move base to Altea for the final three nights.



**Today's Ride:** 90km / 1500m elevation gain

**Meals:** Breakfast & Dinner with beer & wine included

**Accommodation:** Calpe (Costa Blanca, Spain) – 4 star hotel

## DAY FOUR – 14 May or 17 Oct 2025 – Sierra de Bernia

After a few days building into the tour, today we reduce the kilometres a little, but the elevation gain remains. We need to remember that the tour finishes with some 'heavy' climbing on Days 5 and 6!

As the ride returns to the outskirts of Altea there is the chance to test yourself on an out-and-back wall. The 5km climb going by the name 'Port de Bernia' rises a whopping 600m. You can do the maths if you want to! Feel free to sit this one out as the support van is there to help. While it is short, it is often best to break the 'Port de Bernia' climb into two parts; (i) the first part which includes some steep ramps but some places also to recover, and (ii) the final 3.5km which never drops below 15%.

This climb was asphalted in 2019 and became an instant hit being used in the 'Volta a Valenciana' pro race the following year!

**Today's Ride:** 70km / 1800m elevation gain

**Meals:** Breakfast included

**Accommodation:** Altea (Costa Blanca, Spain) – 4 star hotel

## DAY FIVE – 15 May or 18 Oct 2025 – Port de Confrides & Sa Creueta

The route on offer today is a favourite for the local cyclists who live between inland Alcoy and coastal Benidorm. Get ready to be acquainted with 'Confrides'. Another climb back into the realms of cycling enthusiasts of all levels. Measuring 7.5km and 5% the climb to Confrides will be a slight relief from yesterday's 'infierno' finish. The summit nearly reaches 1000m elevation and you are never too far away from more eye watering Mediterranean views.

Note: The October 2025 guided tour will today take advantage of the international criterium pro race which is held as part of the 'Gran Fondo La Nucia' weekend of events. During 2024 there were 20 Spanish and international pro cyclists on the Costa Blanca to compete in this end of season race!

**Today's Ride:** 105km / 2000m elevation gain

**Meals:** Breakfast included

**Accommodation:** Altea (Costa Blanca, Spain) – 4 star Hotel

## DAY SIX – 16 May or 19 Oct 2025 – ‘Tudons’ from two approaches

The best for last – ‘Puerto de Tudons’! This morning there will be a 20min van transfer to the outskirts of Benidorm. Here we have a special ride in-store which includes two different ascents of ‘Tudons’. Many local road cyclists from Alicante would rate this as their favourite climb. A constant 20km climb which rises from sea-level to 1026m elevation (5% average grade). At the ‘Tudons’ signboard one encounters the Aitana military base turn-off. This is restricted access, but in the distance the antennas are visible. A total of four incredible Vuelta a España pro race finishes have been battled-out up to the restricted Aitana military base (2001, 2004, 2019 and 2016). During 2016 Nairo Quintana secured his La Vuelta win on the Aitana climb after a shoot-out with Chris Froome.



The descent follows beautiful curving roads down to Penaguila where the final ascent of ‘Tudons’ awaits (from the inland approach). Another 8km at 4% average grade rounds out another great day of cycling training. As you ride into the finish near Benidorm you will close out what has been an amazing week on the bikes!

Note: The October 2025 guided tour will today take advantage of the second edition of the ‘Gran Fondo La Nucia’. On 19 October 2025 amateur riders can choose between (i) 77km & 1653m elevation gain or (ii) 170km & 3556m elevation gain.

**Today’s Ride:** 90km / 1950m elevation gain or ‘Gran Fondo La Nucia’ (Ride 1 or 2)

**Meals:** Breakfast & Dinner with beer and wine included

**Accommodation:** Altea (Costa Blanca, Spain) – 4 star Hotel



## DAY SEVEN – 17 May or 20 Oct 2025 – Goodbyes

The Sierra guides will return you to Valencia Airport following breakfast. We expect to have you at the airport by 11:00am so please keep that in mind when booking any onwards flights. Thanks for joining us on the Costa Blanca – we hope to see you again soon!

**Meals:** Breakfast included

## CALPE GUIDED - TOUR SUMMARY

**REGION:** Calpe/Costa Blanca (Spain)    **PRICE per person & twin share:** 2350 €

**LEVEL:** INTERMEDIATE +

**HOTELS:** Calpe (x3) & Altea (x3);  
4 star hotels

**DURATION:** 6 NIGHTS / 7 DAYS

**DATES:** 11 – 17 May 2025 or  
14 – 20 October 2025

**OPTIONAL EXTRAS:**

Single Room Supplement: **500 €**

Carbon Road Bike Hire (rim brakes): **200 €**

Carbon Road Bike Hire (disc brakes): **300 €**

Electric Road Bike Hire: **375 €**

**Go Private:** Choose your own dates!

**PAYMENT:**

In Euro to our nominated Spanish bank account (via international bank transfer)

In Euro via a secure online credit card platform (Visa & Mastercard only – 2% fee)

**INCLUDED**

6 nights accommodation including breakfast  
1 lunch & 3 dinners with beer & wine included  
Lead Sierra Cycling Guide  
9 Seater Support Van with Driver/Mechanic  
Tour Welcome Pack (including ride booklet)  
Commemorative Sierra cycling jersey

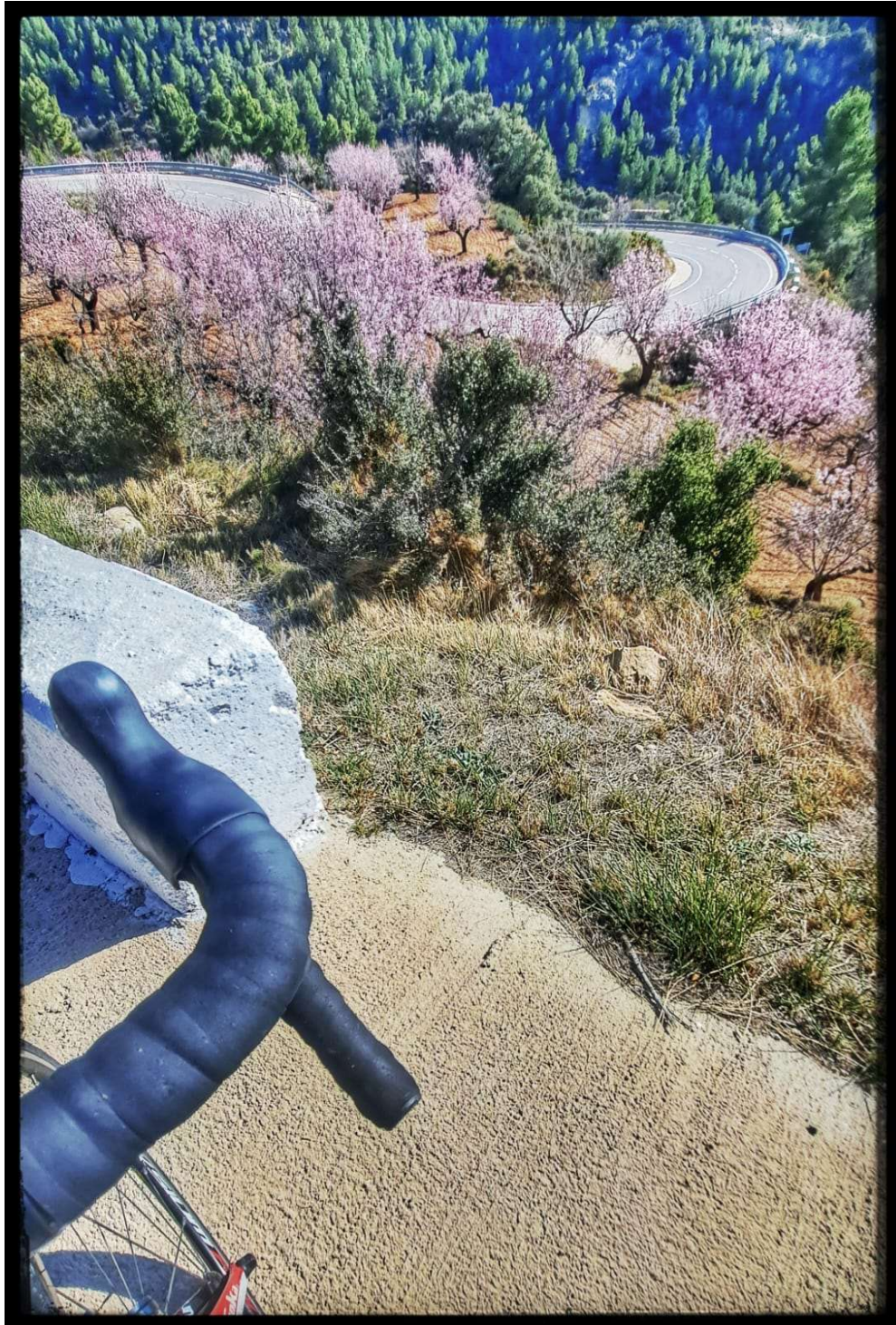
**NOT INCLUDED**

Lunches  
Pre or post Tour Accommodation

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